



## **GENERAL RULES**

### **Check-in**

All competitors must present themselves at Check-in where they will be registered and, if required, weighed and height-measured.

### **Music**

If required, all music must be submitted at Check-in.

### **Backstage Access**

The only people permitted in the backstage area are approved officials and media.

### **Competitor Health**

1. Any competitor who appears to be disoriented or light-headed, or who experiences undue cramping, will not be permitted to compete.
2. Any competitor disqualified for health reasons must be checked by the attending EMT and, if it is advised by the EMT, must go to the nearest hospital for evaluation.
3. Competitors who refuse to be evaluated by the EMT or at the hospital will be suspended from competition for a period of one year from the date of the occurrence.